

The Water Truth

Tap Water



TRANSFORMING HEALTH & WEALTH THROUGH INNOVATION

For many years tap water was the only source for drinking water, but ground water contamination has created the need for chlorination and purification processes, even with these measures, "pollution in tap water" has affected more than one hundred million people.

In December of 2009, The **New York Times** reported that in MIAMI — A new boutique hotel in downtown Miami has relocated all its guests after health officials determined that a water filter removed too much chlorine, possibly allowing the spread of a rare bacteria that killed one former guest and made at least two others sick since October.

Tap Water Is Full Of Disease-Causing Contaminants - Most municipal water flows through lead pipes over 100 years old picking up harmful toxins and pollutants before the water treatment plant (which performs very limited functions) and also afterwards when the water is on its way to your house.

Arsenic - Which has been directly linked to cancer and many other diseases, has been found in 85% of our cities' water. Exposure to lead found at "alarmingly high levels" in many cities by Consumer Reports, can cause learning and behavioral problems in children, lower IQ, high blood pressure, and problems to the reproductive and nervous systems.

Fox News recently aired a story from the **New York Times** that stated after analyzing millions of records from water systems around the country they found that water provided to 49 million people contained illegal concentrations of chemicals like arsenic and radioactive substances like uranium, as well as bacteria found in sewage, which violates the federal Safe Drinking Water Act. 80% of city water systems were not equipped with filters that meet EPA standards. In addition, most cities add the harmful Chlorine and Fluoride to water.

Fluoridated water, which is banned in much of Europe but still common in the US, is linked, according to Preventative Dental Health Association, to cancer and infertility. According to a 1994 study in Journal of American Medical Association, drinking fluoridated water doubles the chances of hip fractures in older people.

A recent Water Quality Association poll showed that **74% of Americans consider their tap water contaminated or dangerous**. 80% don't like the taste. And the following annual figures from the National Resources Defense Council confirm the shocking problem:

Every year in the United States

- 900,000 Sick and 900 Dead due to water contamination.
- 50 Million Poisoned by radioactive radon or radium from their tap water.

These figures don't even factor in the thousands of long term illnesses and deaths from cancer, kidney and heart disease linked to contaminated water.

If you have your own well water, you're not really better off. In fact, most of those on well water have more contaminants per drop than those in cities.

And to make matters worse an **Associated Press investigation recently found that drinking water at schools across the country contain unsafe levels of lead, pesticides and dozens of other toxins** . And in April, the Associated Press reported that **271 million pounds of pharmaceuticals are released into waterways that often provide drinking water**.

Is this the kind of water you want for your family and do you think that the chlorination process creates healthy water? Chlorine is used to combat microbial contamination, but it can react with organic matter in the water and form dangerous, carcinogenic Trihalomethanes. According to Dr. Joseph M. Price, MD, in Moseby's Medical Dictionary, "Chlorine is the greatestcrippler and killer of modern times. It is an insidious poison".

So much for tap water!



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